

# NEED HELP? ¿Necesita Ayuda? (July 2010)

finding services for people who are homeless or near-homeless  
Encuentre servicios para personas sin hogar



Food/Comida



Showers/Regaderas



Clothes/Ropa



Shelter/Hospedaje



Health/Salud



## SHELTERS / HOSPEDAJE

### MEN / HOMBRES

**Gospel Rescue Mission** 740-1501, x7212  
312 W. 28th St. Intake 4-5:15 PM

**Primavera Men's Shelter** 623-4300  
Call after 9 AM for reservations. Walk-ins, too.  
Llame después de las 9:00 AM para  
reservaciones, sin reservación también.

**Salvation Army Hospitality House** 622-5411  
1021 N. 11th Ave.; Intake 3-5 PM. ID & TB test  
results required. Identificación y resultados de  
la prueba de Tuberculosis requeridos.

### WOMEN / CHILDREN / YOUTH / FAMILIES MUJERES Y NIÑOS Y JOVENES / FAMILIA

**Gospel Rescue Mission** 740-1501, x7101  
1130 W. Miracle Mile; Call for intake appoint-  
ment. llame para una cita para la toma de  
datos.

**New Beginnings** 292-0698  
**for Women & Children**  
Call ahead. Shelter- open 24 hrs. 7 days a  
week. Llame primero. Hospedaje abierto las 24  
hrs. 7 días a la semana.

**Salvation Army Hospitality House** 622-5411  
1021 N. 11th Ave.; Intake 3-5 PM. ID & TB test  
results required. Identificación y resultados de  
la prueba de Tuberculosis requeridos.

**Greyhound Family Shelter** 882-5383  
90 day emergency shelter. Call ahead. Llame  
primero.

**Casa de los Niños (Children)** 624-5600  
1138 N. Fourth Ave., call ahead. Llame primero.

**Open Inn /** 670-9040 x18  
**Center for Juvenile Alternatives (Youth)**

**Our Family Services (Youth)** 1-800-537-8696  
Housing, case management, outreach,  
reunification and basic needs assistance for  
youth 12-22. Hospedaje, apoyo y ayuda con  
necesidades basicas para jovenes 12-22.

### DOMESTIC VIOLENCE/ VIOLENCIA DOMESTICA

**Emerge!** 795-4266 / 1-888-428-0101  
**Center Against Domestic Abuse**  
Crisis line (24/7) Llame gratis al 1-888-428-  
0101. Línea de crisis (24/7) Call ahead. Shelter-  
open 24 hrs. 7 days a week. Llame primero.  
Hospedaje abierto las 24 hrs. 7 días a la  
semana.

**Wingspan Anti-Violence Program** 624-0348  
24 hour Crisis Line. Línea de Crisis las 24  
horas.

**Bus Schedules/Horarios de Autobús**  
**SUN TRAN—792-9222**



## HEALTH / SALUD

**Compass Behavioral Health Care** 624-5272  
2502 N. Dodge Blvd. 24/7. Detox and referral for men  
and women. Call 24 hours for intake. Desintoxicación  
y referencias para hombres y mujeres. Llame las 24  
horas para la toma de datos.

**DES Medical Assistance** 791-2732 x0  
250 S. Toole Ave. 1-800-352-8401

**El Rio Homeless Health Clinic** 624-7750  
1101 E. Broadway; Appointments and walk in.  
M, T, Th, F 8 AM-12 PM, 1 PM-5 PM; Wed 9  
AM-12 PM, 1 PM-5 PM. Transportation to El  
Rio Homeless Health Clinic: from Primavera,  
Salvation Army Hospitality House: M, W, F 9  
AM, from Casa Maria: T, Th 11:30 AM. Con y  
sin Cita. Transportación a la Clínica El Rio  
desde Primavera, o el Salvation Army Hospital-  
ity House: L, Mier, V, 9 AM de Casa Maria: Mar,  
J 11:30 AM.

**Eye Screenings** 694-1471  
The UA Student Sight Savers Program and  
UPH Ophthalmologists offer "Free Eye Screen-  
ings" 3 times per month for glaucoma and other  
eye disease. Examen gratis del glaucoma. Call  
for appointments.

### HOSPITALS

Northwest Hospital 6200 N. La Cholla Blvd.  
St. Joseph's Hospital 350 N. Wilmot Rd.  
St. Mary's Hospital 1601 W. St. Mary's Rd.  
Tucson Medical Center 5301 E. Grant Rd.  
University Medical Ctr 1501 N Campbell Ave.  
University Physicians Hospital  
& Outpatient Clinics 2800 E. Ajo Way

**Pima County Health Department** 243-8450  
2980 E Ajo Way, TB testing (walk-in), Free if  
homeless. M, W, F. 7:30-11:30 AM; Tues. 1:00-  
4:00 PM. Prueba de Tuberculosis (Sin cita),  
Gratis si no tiene hogar. L, Mier, V. 7:30-11:30  
AM, Martes. 1:00-4:00 PM

**Pima County Health Department** 791-7676  
Theresa Lee Center, 332 S. Freeway. HIV/STD testing  
M-F 8 AM-5 PM, call for appointment. Pruebas de  
Sida/ Enfermedades de transmisión sexual. Pruebas  
L-V 8 AM-5 PM, Llame para pedir una cita.

**Southern Arizona AIDS Foundation** 628-7223  
375 S. Euclid Ave. HIV/AIDS 1-800-771-9054  
related services. Servicios relacionados al SIDA

**UA Family & Community Medicine Mobile  
Health Program** 626-0293/349-1624 (English  
& Spanish) 520-349-6594 (English)  
Health and Prenatal care services for the under-  
served and uninsured. No appointment neces-  
sary. Servicios medicos disponibles para los  
individuales sin seguro. Cita no es necesario.  
1<sup>st</sup> Tues of every month/1<sup>o</sup> martes de cada mes,  
Amado Food Bank 28720 S. Old Nogales  
Highway, (Amado), 9 AM-12 PM; 2<sup>nd</sup> and 4<sup>th</sup>  
Tues of every month/2<sup>o</sup> y 4<sup>o</sup> martes de cada  
mes, Summit View Elementary, 1900 E. Summit  
St. 9 AM-12 PM; 3<sup>rd</sup> Tues of every month/3<sup>o</sup>  
martes de cada mes, HOPE United Methodist  
Church 6740 S. Santa Clara Ave, 9 AM-12 PM;  
1<sup>st</sup> Thurs of every month/1<sup>o</sup> jueves de cada  
mes, St. John's 602 W. Ajo Way, 9 AM-12 PM.

**VA Homeless Program** 629-1839  
3601 S. Sixth Ave. Veterans only. Veteranos  
solamente.

### MENTAL HEALTH

**La Frontera R.A.P.P.** 882-8422  
748 N Stone

**La Frontera Center** 884-9920  
502 W. 29th St.

**SAMHC Crisis Services** 622-6000  
2502 N. Dodge Blvd. (Entrance on Flower St.)  
24-hour crisis center. Servicios de Crisis,  
(Entrada por la calle Flower) Centro de crisis  
las 24 hr.

**CODAC Behavioral Health Services** 327-4505  
127 S. 5th Ave.

**COPE Community Services** 792-3293  
82 S. Stone Ave.

**COPE Community Services** 622-0286  
Unity Program—4601 E. Broadway Blvd.  
Outpatient services to individuals with sub-  
stance abuse disorders. Outreach, case man-  
agement, support groups, 12 step meetings,  
acudetox services, peer mentorship, family  
education/support.

**HOPE Inc.** 770-1197  
Nueva Luz Recovery, Wellness, Reintegration  
Center. 1200 N. Country Club Rd. M-F 8 AM –  
5 PM. Showers, meals, phone, computers, and  
clothing closet available Saturday & Monday 10  
AM – 5 PM. When you need a life line, give us a  
call. (770-9909 or (887) 770-9912.

### EMPLOYMENT OPPORTUNITIES / OPORTUNIDADES DE EMPLEO

**Pima County** 838-3300  
**Sullivan-Jackson Employment Center**  
400 E 26th Street. M-F 8 AM-5 PM,  
Employment assistance; Call to schedule  
intake. L-V 8 AM-5 PM, Asistencia de Trabajo;  
Llame para hacer una cita.

**Rio Nuevo Service Center** 798-0500  
340 N. Commerce Park Loop

**Kino Service Center** 243-6700  
2797 E. Ajo Way

**Fred G. Acosta Job Corps** 1-800-523-0746  
901 S. Campbell, Vocational & educational  
training, ages 16-24, GED Prep, M-F 7:30 AM-  
4:30 PM. Entrenamiento Vocacional y  
Educativo Edades 16- 24 Entrenamiento  
GED. L-V 7:30 AM-4:30 PM.

**Primavera WORKS** 882-9668  
151 W 40th Street. Temp work/transitional  
work. Job search and placement assistance.  
Trabajo Temporal / Trabajo Transitorio  
Asistencia en la búsqueda de empleo.

**PREP—Ex-Offender Program** 547-3341  
151 W. 40th Street. Non violent, non sex  
crimes. Programa para ex ofensores.

**FOOD / OTHER ASSISTANCE / PERSONAL NEEDS / RENT & UTILITIES ASSISTANCE  
COMIDA/ OTRA ASISTENCIA/ NECESIDADES PERSONALES /  
ASISTENCIA DE RENTA Y SERVICIO DE UTILIDADES**

**A New Hope for Tucson Fnd. 207-2595**

3537 E. Hardy Dr., Tucson, AZ 85716. Call for appointment. Assistance for homeless men, women, and families with substance abuse issues. Transitional housing. Llame para hacer una cita. Asistencia para hombres, mujeres y familias sin hogar; con problemas de abuso de sustancias. Vivienda transitoria.

**Arizona Housing and Prevention Services 498-4613**

Rent assistance. By appointment only. Llame primero. Ayuda con renta.

**Caridad—Meals 882-5641**

Call for times and locations. Llame para horario y locaciones.

**Casa Maria 624-0312**

352 E. 25th St. 8 AM- 12 PM daily. Haircuts every other Monday. Showers - sign up at 7 AM. Diariamente, corte de cabello cada otro Lunes, Regaderas.-Regístrese a las 7 AM.

**Catalina Community Services 825-0009**

Food Boxes. 3414 E Golder Ranch Rd. M-F 8:30 AM – 12:30 PM.

**Comin' Home (veterans only) 322-6980**

Assistance for veterans; Call ahead. M-F 7:30 AM-11 PM, S, Su 7–11 PM. Asistencia para veteranos, llame primero. L-V 7:30 AM-11 PM, S, D 7–11 PM

**Community Food Bank 622-0525**

3003 S. County Club Rd. M-F 8 AM—4 PM. L-V 8 AM-4 PM. Call for food box locations.

**Dept of Economic Security (DES) 791-2732**

250 S. Toole Ave. Family Assistance/Food Stamps/Cash assistance. Asistencia de Familia /Estampillas de Comida /Dinero.

**Gospel Rescue Mission**

312 W. 28th St. For homeless men. Daily 4 PM. Showers, clothes, food. Hombres—Diariamente 4 PM. Regaderas, ropa y comida.

**Primavera Foundation 623-5111 x113**

**Homeless Intervention & Prevention**  
702 S. Sixth Ave. at 17th St. Mail/message service, phone, clothes, assistance getting identification, toiletries, bathroom, food boxes, case management; drop in, M, W, Th, F, 9:00 AM-12:30 PM. Closed Tuesdays. Correo/ servicio de mensajes. Teléfono, Ropa, artículos de baño, cajas de comida, encargados de caso.

**Hope of Glory Ministries 471-1720**

125 W Veterans Blvd. Tu, Th, Sat 11 AM-2 PM. Meals, food, personal hygiene items, Bible studies, comida, cobijas, productos de higiene.

**Information & Referral 1-800-352-3792**

24 hours a day. Outside of Tucson. Fuera de Tucson Fuera de Tucson 1-888-575-2111.

**Searchable database of services: cir.org**

**Interfaith Community Services 297-6049**

2820 W Ina Rd., M-F 9 AM—4 PM. Food boxes, bus passes, assistance getting identification, rent assistance. L-V 9 AM—4 PM, Cajas de comida, pase de autobús, ayuda con renta.

**Interfaith Community Services 731-3076 - eastside office**

Located at New Spirit Lutheran Church 8701 E. Old Spanish Trail, M-Th 10 AM– 2PM.

**Old Pueblo Community Services 546-0122**

Assistance for ex-offenders; Call ahead, transitional housing, 12 step program. Asistencia para ex-ofensores; llame primero, Vivienda transitoria, programa de 12 pasos.

**Pima County 243-6700**

**Community Action Agency**  
2797 E Ajo Way. Rent/Mortgage and utilities assistance. Ayuda con renta/ hipoteca, ayuda con utilidades.

**Primavera Foundation 884-5244**

Emergency rent assistance. Ayuda con renta. Call for appointment.

**Project Action 882-7462**

www.PimaCountyHelp.org 1-877-876-7462  
Commitment to participate in case management; rent & utility assistance if being evicted or disconnection notice.

**Primavera Casa Paloma 882-0820**

For homeless women: showers, clothing, toiletries, laundry, meal; drop in, M, T, W & F, 9 AM - 12:30 PM, call for location. Para mujeres sin hogar: regaderas, ropa, Artículos de baño, lavarropas, comida. Visitenos L, Mar, Mier, y V, 9 AM - 12:30 PM, llame para direcciones.

**Social Security Admin 1-800-772-1213**

2716 S. Sixth Ave. , 3500 N. Campbell Ave.

**Southern Arizona Legal Aid, Inc. 623-9461**

2343 East Broadway Blvd., Suite 200 (Cont Blg)  
Civil legal aid to low-income individuals and families in legal matters which affect most directly their health, safety and welfare. Intake Appointments can be made by phone, or in person, M-F 9-11 AM or 1-4PM. Asistencia legal civil para individuos y familias de bajos recursos en materia legal que afecte directamente su salud, seguridad y bienestar. Horas de toma de datos para clientes nuevos; puede ser por teléfono o en persona, L-V 9-11AM o 1-4PM.

**Southside Presbyterian Church**

317 W. 23rd St. , M, F. only, 7:00 AM - 9:00 AM, showers, toiletries, haircuts, clothing & meal. L y V. solamente de 7:00 AM - 9:00 AM, Regaderas, artículos para el baño, lavarropas, Ropa y comida.

**The Giving Tree- Project FEED**

22nd St. between Swan & Columbus, next to Family Dollar Store. Thur, 4-6 PM, Sunday, 3-6:30 PM. 22nd St, entre Swan y Columbus, Enseguida de la tienda Family Dollar. J, 4-6 PM, D, 3-6:30 PM

**The Salvation Army 792-1111**

Rent/Mortgage, and utilities assistance. By appointment only. Ayuda con renta/ hipoteca,

ayuda con utilidades.

**Tucson Urban League 791-9522**

2305 S. Park Ave. Rent/Mortgage, and utilities assistance. By appointment only. Ayuda con renta/ hipoteca, ayuda con des.

**VA Homeless Program 629-1839**

Programa de Veteranos Sin Hogar. 3601 S. Sixth Ave. Showers & laundry M-F 8:00 AM—11:00 AM. Regaderas y Lavarropas L-V 8:00 AM -11:00 AM.

**YOUTH SERVICES /  
SERVICIOS PARA JOVENES**

**EON Youth Lounge 624-1779**

(A Program of Wingspan). Open afternoons and weekends. Drop-in center for GLBTQ youth. Health education, resources. Abierto tardes y fines de semana. Centro de convivencia para jóvenes GLBTQ. Recursos de Educación de salud.

**La Paloma Family Services 398-5480**

EYMA Program M-F, 8 AM-5 PM. Call for appointment. This program is open to non-system runaway and homeless young girls under the age of 21 who are either pregnant and/or parenting. Services offered include: shelter or safe living arrangements; assistance & referral for medical care; counseling; childcare; workshops covering parenting skills, life skills, and education and vocational assistance. Llame para hacer una cita. Este programa esta abierto a mujeres menores de 21 que estén embarazadas o sean madres, que no estén en el sistema y que no tengan hogar. Los servicios que ofrecemos son hospedaje seguro, asistencia y referencias médicas, consejería, cuidado de niños, acceso a clases, educación y asistencia vocacional.

**Our Family Services 1-800-537-8696**

Housing, case management, outreach, reunification and basic needs assistance for youth 12-22. Hospedaje, apoyo y ayuda con necesidades basicas para iovenes 12-22.

**Open Inn/Center for Juvenile Alternatives 670-9040**

Walk-in services include water, hygiene, food, clothing and telephone. Shelter and transitional living programs. Servicios incluyen agua, productos de higiene, comida, ropa y teléfono. Hospedaje y programas de vivienda transitoria.

**Youth on Their Own 293-1136**

1443 W. Prince Rd. 9 AM-5 PM M-F. Services for local youth ages 13-21 to support their high school graduation. Includes: financial asst., basic needs, guidance and referrals. Students must be enrolled in a public school, including charter and alternative schools, and apply through a designated school official for program acceptance. Servicios para fomentar la graduación de la escuela Secundaria para jóvenes locales de edades 13 a 21. Incluye asistencia financiera, necesidades básicas, consejería y referencias. Los estudiantes deberán estar inscritos en una escuela pública, incluyendo escuelas charter o alternativas y aplicar a través de un oficial asignado de la escuela para ser aceptados en el programa.



*This guide produced by the Tucson Planning Council for the Homeless for more copies email info@tpch.org or download from tpch.org*