

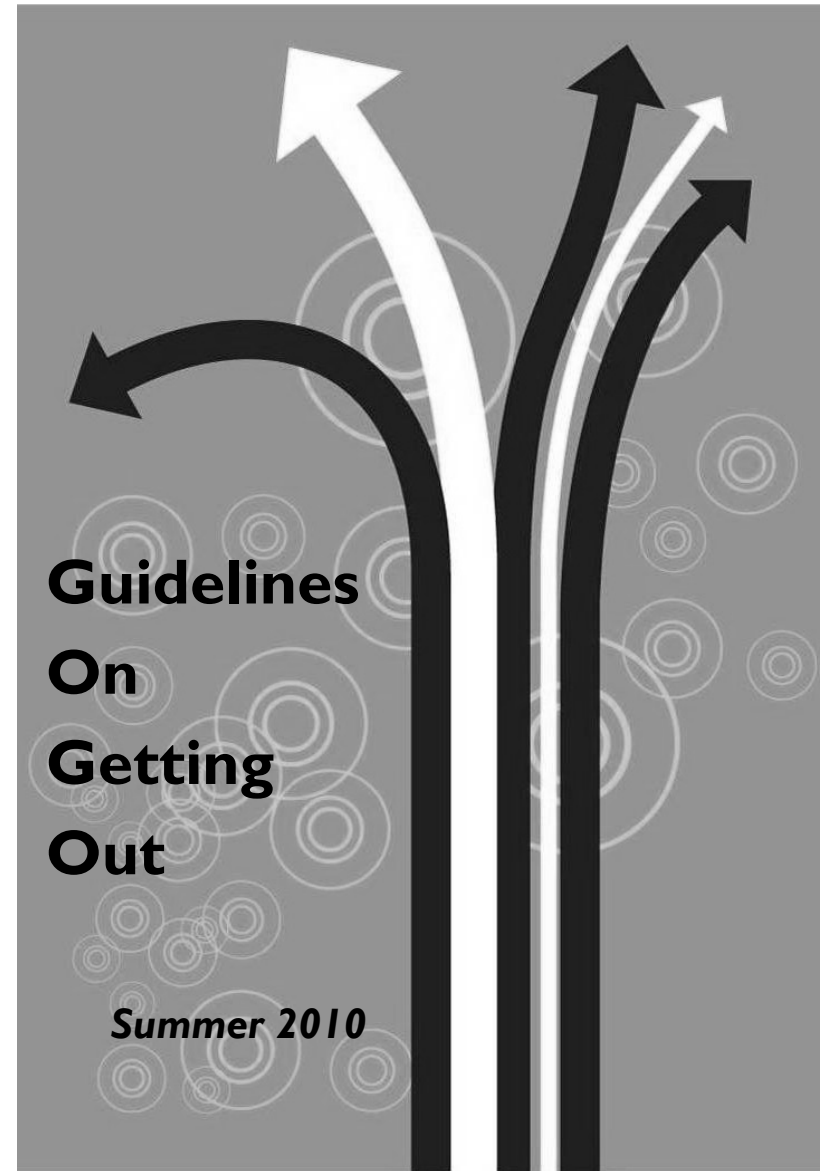


Feel free to copy this brochure.

To provide additional or updated services information, email info@tpch.org

*Tucson Edition produced by
The Discharge Planning Committee, Tucson Planning Council for the Homeless*

*Also available online at:
www.tpch.org
and other websites*



*A handbook to help you prepare
for your release in **Tucson, Arizona***

Rebuilding a Life after Incarceration

The transition to life after incarceration is a big challenge, and this brochure is designed to help you through this exciting but often difficult time. If you take to heart the following suggestions we think these resources can help you to be successful with rebuilding.

- **Do your homework.** Make as many arrangements for yourself as you can before you get out. Use this brochure to write to agencies for help.
- **Give yourself time to adjust.** Don't try to accomplish everything right away. Take time alone or with family and close friends only. Be patient with yourself and know it might take you a while to reach your goals. You may feel depressed or overwhelmed. This is normal - just take some time to heal.
- **Ask for help.** There is an answer to every question you have. All you need to do is ask. This does not make you weak, it makes you smart. Call the agencies in this pamphlet. If they can't help you, ask them who can. Keep asking until you get the right answer.
- **Take care of yourself and surround yourself with people who will affirm your new lifestyle and support you in making positive changes.** Stay away from the "old neighborhood." Avoid people and places that are associated with your old behaviors. This may even include family members who are still using drugs or are involved in illegal activity, as hard as it may be.

DON'T GIVE UP

PAROLE AND PROBATION

**Arizona Department of Corrections
Tucson Parole Office**
4600 S. Park - #8
Tucson, AZ 85714

Phone: (520) 889-3100
Fax (520) 889-3927

Pima County Adult Probation

Downtown Office
110 W. Congress St., 8th Floor
Tucson, AZ 85701
(520) 740-3800

Southside Office
2595 E. Ajo Way
Tucson, AZ 85713
(520) 740-4800

Eastside Office
8180 E. Broadway Blvd
Tucson, AZ 85710
(520) 290-1535

Westside Office
1951 W. Grant Rd. #180
Tucson, AZ 85745
(520) 624-0973

Tips for Finding a Job

Tax benefits for employers who hire ex-felons

You may be able to encourage someone to hire you by telling him or her of the tax benefits available to employers who hire ex-felons who are from low-income families.

The Federal Work Opportunity Tax Credit (WOTC) encourages employers to hire ex-felons by reducing employers' federal income tax liability by up to \$2,400 per eligible employee. Ex-felons who are members of low-income families are eligible when they are new adult employees and work a minimum of 120 or 400 hours. To receive certification that a new employee qualifies the employer for this tax credit, the employer needs to complete only three simple steps. Many employment assistance agencies have these forms. Copies of all forms needed are also available at the American Friends Service Committee, 103 N. Park Avenue, Tucson, AZ 85705 or at www.IRS.gov/faqs/faq-kw208.htm.

Final Words of Encouragement

We all have an inner strength. That strength may be a strong faith in yourself or in a higher power. It could be a strength seldom used, cultivated, or nurtured. You may not have defined it in terms of a value or belief system. It may have failed you in the past, but understand that you have paid your debt to society, and your exit from prison or jail ends a chapter in your life. Now it is up to you how your future will be framed and how you will grow and advance. You need to forgive yourself and also forgive others.

You are not the first to have made a mistake and you won't be the last, but let this be a new chapter in your life. Just remember, the streets still remain the streets and if you seek trouble it will find you. Avoid those old haunts and those old "friends" who are not healthy for you. Break clean with that old environment and those people. This could even include family members if they are using drugs or if they are involved in illegal activity. As painful as it may be, you must take care of yourself and surround yourself with people who will affirm your new lifestyle and support you in making positive changes.

Anticipate problems so they don't overwhelm you. Be patient and take things one step at a time. Prioritize the things that really need to happen (getting a job) and let the rest come when you are ready (finding a new girlfriend or boyfriend). Seek advice and assistance from peers and mentors who seem to be doing it right. Be your own best advocate, because when all is said and done, you alone are responsible for yourself. Let your release be the start of something new.

ACCEPT THE CHALLENGE.

Tips for Finding a Job

Prepare to discuss your background

It is always necessary to be honest about your conviction(s) when completing employment applications. For example if your age and lifestyle were factors in the crime, you may choose to discuss this with honesty either on your application or during your interview. If your life is different now explain the positive changes. Make sure you mention all the job related activities while incarcerated and any activities you feel could make a good impression with employers. Some examples:

- Job related skills or job training before, during, or after your incarceration
- Any positive work evaluations, duties assigned that involved responsibility, any training you conducted or supervisory activities you carried out
- Any educational activities completed-GED, college credits, vocational training
- Any other rehabilitation (life skill classes, personal development classes, religious activities, NA/AA, drug counseling-only if related to your conviction)

Here are some examples you could use when answering the felony conviction. (Remember that these examples should be tailored to you and your circumstances.)

- Non-violent drug conviction-2006.
- Fraudulent schemes-2005
- DUIs -2005, 2008

If you feel comfortable it is recommended that you include an additional comment. These are a few examples (try to make sure they are connected with how you've made personal changes since your conviction)

- Since then I've completed _____(certificate, sobriety programs, job assignments, volunteered)
- I have been sober for over _____
- I am committed to living an honest life.
- I am not proud of the choice I made during that time in my life but since then, I have _____.
- I put it behind me and redirected my life.
- My goal is to help others avoid the mistake I made.
- Since then, I've reunited with my family and want to be a better Mom/Dad.
- I now make healthy choices and have healthy relationships

Avoid using words like "aggravated" or "dangerous". These words are interpreted as violent and may be taken out of context.

The only letter that should accompany an application is a cover letter (if the position requires one), letters of recommendation, and reference letters. Do not write a letter explaining your felony conviction(s).

Table of Contents

Some Tips on Getting Started	4
Tucson Parole/Probation Offices	2
Public Behavioral Health Services	5
Counseling and Support Services	6-7
Employment Services	7-9
Food Assistance	9
Health/Dental Resources	10-11
Domestic Violence Resources	11
Transportation	12
Emergency Shelter	12
Transitional Housing	13-17
Sample Housing Letter	17
Independent Housing	18
Family Matters	19
Additional Information/Tucson Drop-in Centers	20
Tips on Finding a Job	21-23
Final Words of Encouragement	23

IDENTIFICATION

Ex-offenders can get an Arizona State ID card from any Arizona Motor Vehicle Division (MVD) office within 15 calendar days of their release using only the affidavit of incarceration ID for a fee of \$12. Not applying for a Arizona State ID within the 15 calendar days from your release will result in needing to provide two other forms of verification! If you are age 65 or older and apply within the required 15 calendar days, the fee is waived. If you need to talk to someone at the MVD about an Arizona ID or driver's license, phone the appropriate number below.

- Phoenix, Arizona: (602) 255-0072
- Tucson, Arizona: (520) 629-9808
- Elsewhere in Arizona: (800) 251-5866

Some Tips on Getting Started

This pamphlet is intended to help you begin the process of re-entering the community. It outlines steps you can take before your release as well as some positive steps you can take after release.

Most agencies have criteria to determine who is eligible for their programs, so you can't just show up on their doorsteps and expect them to accommodate you. It's best to write them before your release to find out their requirements. (A sample housing letter is included on page 17.) All agencies listed *will* accept ex-offenders. However, they may have some restrictions on types of offenses. Listed programs do not accept sex offenders unless the program description specifically states that sex offenders are accepted. Find the type of agency that fits your situation and special needs. Don't waste your time writing to a program that can't help you.

Prepare yourself for the possibility of a short-term emergency shelter stay by obtaining a copy of your TB test results prior to release. Some shelters require a TB card.

Information included in this pamphlet will help you after you are released with places to find help with transportation, employment assistance, job search tactics, health care, individual and family support, and other special programs. Please note that the economic times — and some of the processes for obtaining help — have changed. These *Guidelines* have changed with it. Some of the categories will appear different from previous versions, and some agencies may no longer be listed. These agencies may still offer services, but only by referral. Every effort has been made to direct you to those places where you can find services most efficiently, without backtracking.

While we have worked hard to ensure that the information in this booklet is up to date, some organizations may have moved, changed phone numbers, or may not exist by the time you contact them. Try not to be discouraged—call the next number and ask them for more information.

If you are being paroled, remember to make immediate contact with the parole office and follow all parole conditions completely. They will also give you information about health care (AHCCCS) and food stamps available through the Arizona Department of Economic Security (DES). You can apply for all benefits available to you, as well as receive job search assistance, and in some cases training, through DES, so be sure to visit a local DES office or apply online as soon as possible. You will need AHCCCS for many of the health, behavioral health, and substance abuse services listed here.

Today a lot of information is available online. Contact your local library for information about instructions and free access to the Internet.

Tips for Finding a Job

If you work hard on your skills and your job search, you will find work — even if it takes longer than you expected. Help with your job search, and in some cases training, is available at One Stop Career Centers. (page 8) They offer the use of phones, faxes, and computers. Many Tucson employers are willing to hire you. Keep at it, and don't give up., Put in as many applications as you possibly can. Remember to keep a log of all the places you have applied, including visits made in person, initial phone calls, and follow up phone calls.

The Application Form

The application form is the most important part of the process. It is how you make your first impression with an employer. Save time by completing one generic application and take that application with you to use as a guide to fill out each new application. If the application asks if you have been convicted of a felony/misdemeanor, answer "yes". **It is no longer advised to write "will explain during interview"**. Employers recommend and often require answering the felony question with facts about your conviction. Please note if the felony question asks "Have you ever been convicted of a felony/misdemeanor" they want ALL of them disclosed. If the question asks "Have you been convicted of a felony within the last 7 years" and your conviction was 8 years ago the answer would be "NO".

AVOID

- Rushing through the application
- Sloppy penmanship
- Employment gaps-blanks from when you were in prison
- Appearing desperate; for example Position Desired: Anything
- Brief descriptions of your job duties
- Leaving blanks on the application

INSTEAD

- Read the application completely before starting
- Take time to print neatly and clearly
- Show the work experience while you were incarcerated
- Use a specific job goal, for example: Position Desired- A full time position where I can offer my skills in adapting and repairing tools, machinery, and equipment
- Be descriptive when writing about your job duties and skills
- Wages earned while incarcerated always write "minimum"
- Under desired salary always put "open" or "negotiable", never write a dollar amount
- Make sure you have correct phone numbers of previous employers and references
- Complete all spaces on the application where information is requested, including "NA" if it is not applicable

Remember that first impressions count; always dress appropriately when looking for work. You never know if the manager might want to speak to you.

Additional Information

Mailing Address:

After your release, you can have mail forwarded to you at the Primavera Foundation, 702 S. 6th Ave., Tucson, AZ. 85701. You must first register with them in person by completing an intake form. You can call **623-5111** to see if mail has arrived, and you can pick up your mail M. W, Th, F, 9:00 am - 12:30 pm. Mail may be kept for three weeks, and/or forwarded if you give them another forwarding address,

Clothing

If you are involved in a housing or counseling program, ask them about a voucher for free clothing. If you are not involved in a program, call Information and Referral and ask for a referral to a clothing bank: **(800) 352-3792**

Mentoring

- **Old Pueblo Community Services, (520) 546-0122, www.help Tucson.org**

TUCSON DROP-IN CENTERS

- **Casa Paloma** — 9 a.m.-12:30 p.m., Mon., Tu., Wed. and Fri. Women only. Closed Thu. and weekends. Showers, laundry, clothing, toiletries and meal. Must phone **(520) 882-0820.**
- **Gospel Rescue Mission** — 312 W. 28th St. 4 p.m. daily. Homeless men. Showers, clothing, meal.
- **HOPE, Inc. Nueva Luz** — 8 a.m.-5 p.m. Mon-Fri, 10 a.m-5 p.m. Sat & Sun. Mental health/substance abuse consumers. Breakfast, lunch, showers, laundry, clothing, computer lab, support groups, peer support. 1200 N. Country Club Road. 770-1197. Warm Line – 12 p.m.-10 p.m. Mon-Sun., offers non- crisis phone support, **770-9909 or 1-877-770-9912.**
- **Hope of Glory** — 125 W. Veterans Blvd. (520) 471-1720. Tu., Th., & Sat. 11 a.m.-2 p.m. , Meal at noon, Bible study at 1 p.m. Food pantry, toiletries.
- **La Frontera/RAPP** — N. Stone Ave. Bag lunches . (520) 882-84229 a.m.-4 p.m., closed 11:30 a.m.-12:30 p.m. 748 .
- **Primavera HIP** — 9 a.m.-12:30 p.m., M. W, Th, F, 702 S. 6th Ave. 623-5111. (Closed Tuesdays and weekends)
- **VA Homeless Program** — 8-11 a.m., 3601 S. 6th Ave., Bldg. #66 Veterans only. Showers & laundry. (520) 629-1839.

Where to Seek Help

PUBLIC BEHAVIORAL HEALTH AND SUBSTANCE ABUSE SERVICES (AHCCCS required)

The economy and the best means of obtaining public behavioral health and substance abuse services have changed, and the *Guidelines* has changed its presentation of information regarding these services. Today, almost all providers of these services either receive payment from the state's public health benefits system — Arizona Health Care Cost Containment System or AHCCCS. This issue provides information on how to obtain behavioral health and substance abuse services through AHCCCS most directly and supplements this with information on free or very low-cost behavioral health, counseling, and support group services.

How to Get Started

Public behavioral (mental) health and residential substance abuse services are administered by the regional behavioral health authority Community Partnership of Southern Arizona (CPSA). To determine whether you are eligible for behavioral health services, and if so, how to become a member and access services, start by calling CPSA Member Services at **(520) 318-6946** or **(800) 771-9889.**

Select **Option 2** if you speak English or a language other than Spanish. (CPSA Member Services utilizes a three-way interpreter calling system to assist individuals who speak languages other than English or Spanish.)

Select **Option 9** if you speak Spanish.

If you have a hearing impairment, phone **(866) 318-6960 for TTY.**

CRISIS SERVICES FOR THOSE WITHOUT AHCCCS

<p>SAMHC Behavioral Health Services 2502 N. Dodge Blvd. Tucson AZ 85716 (520) 622-6000 1-800-796-6762</p>	<p>Crisis Mental Health Services 24-hour phone line & walk-in clinic Enter clinic from Flower Street.</p>
<p>Compass Detox Service 2502 N. Dodge Blvd. (520) 624-5272</p>	<p>24-hours//7-days weekly.</p>
<p>Community Information & Referral Help Line (800) 352-3792</p>	<p>Database on community services including all Southern Arizona counties</p>

COUSLING/SUPPORT SERVICES (no AHCCCS)

Please read carefully. Providers of both counseling and support groups are listed only once, in the counseling section. For additional information on specialized counseling and support services also see: for domestic violence and/or sexual assault, Domestic Violence, page 11; and for child, and family support, Family Matters, page 19.

- **COPE Community Services**
Insiders Program, (520) 798-1772 — Substance abuse referral and drop-in center with a focus on HIV, and a wide range of services.
Unity Program, (520) 798-1772 — Substance abuse treatment for men.
Women's Center, (520) 792-3523 — Substance abuse treatment for women; group and individual counseling, women's drop-in center.
- **Counseling Skills Center at the University of Phoenix, (520) 239-5315**
 Free group, individual, family and child counseling by student interns.
- **Emergel! Domestic Violence Support Groups, (520) 881-7201** — for survivors of domestic abuse, including children. Support and education on a variety of issues. Lay legal assistance. Orders of Protection. Phone to schedule an intake appointment.
- **Salvation Army Adult Rehabilitation Center, (520) 624-1741** — Residential program for men, 2717 S. 6th Avenue, Tucson, AZ 85713
- **Southern Arizona AIDS Foundation (SAAF), (520) 628-7223 or (800) 400-1001** — Counseling, peer support, support groups and case management for persons with HIV/AIDS.
- **Southern Arizona Center Against Sexual Assault (SACASA) and Su Voz Vale** — 24-hour crisis and mental health services; appointments scheduled or walk-in. Therapy, groups, and advocacy. Office, 101 W. Irvington Rd., 4-A, Tucson, AZ 85714, Office hours, M-F, 8 a.m.-5 p.m.
Crisis line: (520) 327-7273 or (800)400-1001
Espanol/Su Voz Vale (520) 434-0195
Fax: (520) 434-0248
TTY/TDD/SMS line: (520) 327-1721
After hours line: (520) 325-3358
- **Southern Arizona Veterans Administration Health Care System** — medical, behavioral health, substance abuse and other services for those who have served in the military only. Call or email to see if you are eligible.
Gary Taber, gary.taber@va.gov, (520) 792-1450, ext 2801
- **Southwest Community Services Community Outreach Program for the Deaf (COPD), (520) 792-1906** — counseling services for persons who are deaf or hard of hearing and their family members. Case management and other support services also available. Contact Ann Ventola.

Family Matters

The transition back home can be almost as disruptive for the family as when the person first goes to prison. Many adjustments have been made in that person's absence, and families need to learn how to be a family again. Children will have many questions about how things will be different, and it is important for the whole family to discuss what the new rules and routines will be. Each child reacts differently to having a parent return home, and some may still harbor anger or resentment. We strongly recommend family counseling to assist you in this transition. Many formerly incarcerated persons have questions about how to regain guardian status. In some cases, the person may have an active file at Child Protective Services (CPS) that they need to clear up.

- **Arizona's Children Association** works to give children safe, permanent homes by helping to keep families together. Located at 2700 S. 8th Avenue, Tucson, AZ 85713. Call (520) 622-7611 or 1-800-947-7611
- **Child Protective Services (CPS):** There is no standard process for regaining custody of children from CPS after incarceration. Find out who the case manager is and ask them exactly what is required. Call toll free 1-888-767-2445.
- **Family and Child Support., Paternity Testing.** The Division of Child Support Enforcement locates absent parents, performs paternity tests, and establishes and enforces child support orders and modifications (no fee.) Genetic testing is \$30 per person. No charge if father is excluded. 7202 E. Rosewood St., Suite 100, Tucson, AZ 85710. Hours: Mon.-Fri. 8:00 am-5:00 pm. 1-800-882-4151.
- **Parenting Arizona** strengthens families and prevents child abuse and neglect. Offers night, weekend and morning parenting classes and workshops. 4500 E. Speedway Blvd., #88, Tucson, AZ 85712. Call (520) 319-1040.
- **KARE Family Center** offers support to "Kinship Caregivers", people who are raising a family member's child, such as grandparents who are raising a grandchild, due to divorce or the incarceration of one or both parents. Provides referrals, resources, education and emotional support. Offers **support group to caregivers of children with a loved one in prison** the second and fourth Friday of each month from 5:30—7:30 p.m., with dinner served at 5:30 p.m. A support group for children ages 7 through 12, the "Shooting Stars" program, is held at the same time. Location: 4710 E. 29th St., Building 7. Call for more information: (520) 323-4476 X 108.

Independent Housing

Tips for the Housing Application Process

Most places ask you to complete an application and, perhaps, have an interview. You may be asked certain background questions, including a question about felony conviction. To prepare for the application and interview process, do the following:

- Bring along your parole officer's contact information
- Bring proof of current employment
- Arrange for 2 - 3 people to be your personal references. These should be people who know and who can speak well of you. You may need to provide their contact information to the apartment manager. Speak to these people in advance so that they are prepared to receive a call about you.
- Make a good impression on the person you speak with by having a presentable appearance - clean clothes and good hygiene are important.
- Check to see whether or not you have good credit.

Many property managers told us that they like to have tenants who are quiet and respectful of their neighbors, so if this fits your personality and lifestyle it would be an effective point to make during an interview. Also many apartments will claim not to house offenders. However, proper attitude and presentation may open the door. Sometimes the nature of the offense makes a difference

Low Cost Housing

You can find a low cost housing list that is updated every two weeks at www.pimacountyhousingsearch.org. You can access a computer and help using it at any Pima County library.

The Tucson Crime-Free Multi-Housing Program

In your search for housing, you may hear property managers and landlords mention that they are part of the Tucson Crime Free Multi-Housing Program. These properties may or may not have signs posted. They may not rent to you once they find out that you have a felony record. Acceptance of your application for renting at these properties will depend on the crime that was committed. Many properties, whether or not they participate in the Crime Free Program, may not accept your application. There is no legal way that we know of to challenge this policy, so we recommend that you search elsewhere for housing.

SERVICES AND SUPPORT GROUPS

- **Depression and Bipolar Support Group, (520) 531-2388** — contact Justin Weigel, University Medical Center, 1501 N. Campbell Ave., Tucson, AZ 85724
- **International Easter Seals Blake Foundation, (520) 327-1529 or (800) 775-2256** — behavioral health, case management, family, child and young adult services. 5704 E. Grant Road, Tucson, AZ 85712
- **Trauma Brain Injury (TBI) Support Groups, (520) 624-6452** — Direct Center for Independent Living, 1023 N. Tyndall Ave., Tucson, AZ 85719
Mild TBI Support Group, Debbie Johnsen, (520) 873-5299
Communication Support, Jack Kriendler, (520) 873-3497
Spousal Support Group, Ed Goulden, (520) 873-3661
- **Tucson Indian Center, (520) 884-7131** — support services for Native Americans. 97 E. Congress St., Tucson, AZ 85701. Hours, M-F 8 a.m.-5 p.m., Fax: (520) 224-0240
- **T.Y.L.A. (Turn Your Life Around) Recovery Center, (520) 887-2643** — free, recovery support program and employment services. 1109 W. Prince Rd., Tucson, AZ 85705
- **Vets 4 Vets Club (520) 881-0814** — support for military veterans. Contact Rob W. Tobara by phone or at robert.tobara@yahoo.com.

SUBSTANCE ABUSE SUPPORT GROUPS

- **Al-Anon Information Service Center, (520) 323-2229, www.al-anon-az.org**
- **Alcoholics Anonymous, 24 hour line (520) 624-4183, www.aatucson.org**
- **Cocaine Anonymous, 24 hour hotline (520) 326-2211, www.caarizona.com/tucson_3.htm**
- **Narcotics Anonymous, Help Line (520) 881-8381, www.natucson.org**
- **Smart Recovery** — for meetings and facilitator phone numbers in Tucson visit http://www.smartrecovery.org/meetings_db/view/showalpha_state.php?search=A
- **The S.O.B.E.R. Project, Christian 12-step, Help line (520) 404-6237,**

EMPLOYMENT ASSISTANCE

DES Job Service

- 195 W. Irvington Rd., (520) 741-7188
- 5441 E. 22nd St., (520) 584-8226
- 316 W. Ft. Lowell Rd., (520) 293-1919

State employment services

To write before release:

DES Employment Administration
P O Box 28880, Tucson, AZ 85726-8880
Military veterans should ask for a veteran's representative.

EMPLOYMENT ASSISTANCE cont'd.

<p>Goodwill Industries of So. AZ. 2907 N. 1st Avenue Tucson, AZ 85719 (520) 206-0333</p>	<p>Goodwill Job Connection. Internet job search, online applications & help with resumes.</p>
<p>One-Stop Career Centers</p> <ul style="list-style-type: none"> • 316 W. Ft. Lowell (in DES Office) (520) 293-1914 • 340 N. Commerce Park Loop (520) 798-0500 • Kino Service Center 2797 E Ajo Way, Floors 1 & 2 Tucson, AZ 85713 (520) 882-5466 	<p>Job placement assistance & some training for low-income people, including ex-offenders. Includes Veterans Workforce Investment Program, V.W.I.P.</p>
<p>Primavera Works Temp Service 151 W. 40th St Tucson, AZ 85713 (520) 882-9668</p>	<p>Employment Service. Temporary day labor, job search assistance for ex-offenders except level 3 sex offenders. Lunches. Bus passes.</p>
<p>PPEP (Portable Practical Education Preparation, Inc.) National Farmworkers Jobs Program 802 E. 46th St. Tucson, AZ 85713 (520) 622-3553 or (800) 376-3553</p>	<p>Employment/training for migrant/seasonal farmworkers and dependents. Vocational, on-the-job training, work experience, job search assistance and support services. One wage-earner must have worked 25 days, earned \$800 or more and 50% of income or working days from agriculture in past 24 mos. (48 months if incarcerated), <u>prison farms excluded</u>.</p>
<p>PREP (Prisoner Re-Entry Partnership) 151 W. 40th St Tucson, AZ 85713 (520) 547-3341</p>	<p>Employment assistance including job leads and training, education, help with work clothes, tools & transportation. Referrals for counseling & mentoring for ex-offenders. You may write while incarcerated. No sex offenders and no violent felony.</p>
<p>Sullivan Jackson Employment Center 400 E. 26th St., 85713 Tucson AZ 85713 (520) 838-3300</p>	<p>Employability training & job search assistance. <u>Must</u> be able to work k full time. Mon.-Fri. 8:00 a.m.-4:00 p.m. Includes Homeless Veterans Reintegration Program, H.V.R.P.</p>

TRANSITIONAL HOUSING (3 mos.—2 yrs.) cont'd.**SAMPLE HOUSING LETTER**
(for applications to housing agencies)

Your name
Your address
City, State, Zip Code

Today's Date

Agency's Name
Agency's Address
City, State, Zip Code

Dear Sir or Madam:

My name is _____ and I am currently finishing my prison sentence at _____. My release date is _____, and I will have no place to go when I am released.

I am asking that you work with me in advance of my release so that I can have a place to stay and a program to follow instead of becoming homeless. Please send me any necessary paperwork and a list of requirements to qualify for your program so I may collect all that information ahead of time.

I appreciate your assistance, and I eagerly await your reply.

Sincerely,

Your signature

TRANSITIONAL HOUSING (3 mos.—2 yrs.) cont'd.

<p>Recovery Centers of Arizona, Inc. Cedar and Edison House Silent addresses Casie Wilken (520) 304-8720</p>	<p>Substance / alcohol abuse housing for women only. Takes SSI. No narcotic medications. 12-step program. Independent living. Homes not institutions. Write for application.</p>
<p>Salvation Army Social Services 1021 N. 11th Ave. Tucson, AZ 85705 (520) 362-5411</p>	<p>Transitional housing programs for individuals and families, working and not working. Assessments and referrals will be conducted in person. Phone to speak to a case manager by appointment.</p>
<p>Second Chance (Male) 3517 S. Prudence Tucson, AZ 85730 (520) 747-4937. Fax: (520) 323-0412 Executive Director: Freddie Cooper Cell: (520) 403-2903</p>	<p>Faith-based sober living facility requiring regular church attendance. Random UAs. Please call for new locations/info.</p> <p>Fees: \$520 per month</p>
<p>Teen Challenge of Tucson Men's Induction Center 2637 N. Oracle Rd. Tucson, AZ 85705 (520) 792-1790 Fax: (520) 792-0049 Director: Gregory Baldwin</p>	<p>Christian-based, three-phase program. Must pre-qualify & be accepted. Very structured, work program. Bible, prayer, devotional and church attendance required.</p> <p>Fees: Call for information.</p>
<p>Transitional Living Communities Tucson (Male) 843 W. Thurber Rd. Tucson, AZ 85705 (520) 293-4919 Manager: Red Mehele</p>	<p>4 days restricted leave at "entry level". Graduated curfews based at Level I or II. Must: have sponsor and job, attend 12-step programs. Fees: \$110 per week</p>
<p>Victory Outreach Christian Recovery Home 5820 San Joaquin Road Tucson, AZ 85741 Director: Jesus Mendoza (520) 403-9353 Lead Manager: Samuel Perez (520) 690-0596</p>	<p>National, Christian-based, 9-12-month recovery program. Please phone for further details.</p>

<p>Tucson Urban League 2305 S. Park Ave., Tucson AZ 85713 (520) 791-9522</p>	<p>Employment-related services including vocational training, GED, & job placement.</p>
<p>Vocational Rehabilitation</p>	<p>Contact your local DES office for services for individuals with a mental or physical disability.</p>
<p>YWorks (Women only) YWCA Tucson 525 N. Bonita Ave. 85745 (520) 884-7810 ext. 113 www.ywcatucson.org</p>	<p>Employment education & guidance, computer classes, job training internships, clothing for job interviews & employment, financial education & individual counseling. Mon. - Fri. 8:00 a.m. - 5:00 p.m.</p>

FOOD ASSISTANCE

<p>Casa Maria Free Kitchen 352 E. 25th St Tucson AZ 85713 (520) 624-0312</p>	<p>Bag lunch served 8:30 am & 11:30 am Hot soup served at 10-11:30 am daily.</p>
<p>Community Food Bank 3003 S. Country Club Tucson AZ 85713 (520) 622-0525</p>	<p>Monthly food boxes. <u>Call ahead</u>. Picture ID or proof of Tucson residency required. Low-cost grocery store open Tues.- Fri. 9:00 am -4:30 pm & Sat. 9:00 am -1:00 pm www.communityfoodbank.com/cfb/help/</p>
<p>DES Nutritional Assistance (area code 520)</p> <ul style="list-style-type: none"> • 5441 E. 22nd St., 745-5802 • 316 W. Ft. Lowell Rd., 293-0214 • 250 S. Toole Ave., 791-2732 • 1200 N. Country Club Rd., 881-4081 • 2760 S. 4th Ave., 620-6616 • 195 W. Irvington Rd., 741-9751 • 1493 W. Commerce Ct., 578-8456 	<p>Nutritional Assistance (formerly food stamps) and other state assistance for low-income people. Proof of identity and US citizenship required.</p> <p>Apply online at: http://www.azdes.gov/faa/</p>
<p>Gospel Rescue Mission Community Ministries 338 W. 38th Street Tucson, AZ (520) 740-1501, Ext. 206</p>	<p>Picture ID and/or proof of residency in Tucson required. Office Hours: Mon.- Fri. 9:00 a.m. to 11:45 a.m. and 1:00 p.m. to 3:45 p.m.</p>

HEALTH/DENTAL RESOURCES

<p>DES Medical (AHCCCS) (area code 520) 250 S. Toole Ave. Tucson, AZ 85701 (520) 791-2732</p>	<p>Determines eligibility for medical, and other state assistance, and refers participants to other departmental and community resources. Proof of U.S. citizenship and identity are required.</p> <p>Or apply at: http://www.azdes.gov/faa/</p>
<p>Diabetes Care Centers Tucson, AZ St. Mary's Hospital 1601 W. St. Mary's Rd, (520) 872-6055</p> <p>St. Joseph's Hospital 350 N. Wilmot (520) 873-3968</p>	<p>Free community classes, education and self-management support for anyone newly diagnosed with diabetes or wishing to be in better control of their type 1 or type 2 diabetes.</p>
<p>El Rio Health Center 101 W. Irvington Rd Bldg.3C Tucson AZ 85714 (520) 573-0096</p>	<p>Primary Care; Physicals; Well-Baby Checkups; Immunizations; Breast Screening; Pap Smear; Family Planning; Well-Woman Care; Labs.</p>
<p>MHC Healthcare Marana Health Center 13644 N. Sandario Road Marana, AZ 85653 (520) 682-4111</p>	<p>Sliding scale fees for medical, behavioral health and dental services. Walk-ins welcome.</p> <p>www.maranahealthcenter.org</p>
<p>Pima Community Access Program (PCAP) 520-694-0418, www.mypcap.org</p>	<p>A not-for-profit organization that provides access to professional health care at discounted prices that the uninsured can afford. Call for info.</p>
<p>Pima County Health Dept. Theresa Lee Center 332 S. Freeway Tucson, AZ 85745 (520) 791-7676</p>	<p>STD/AIDS testing. Mon., Tue., Wed. and Fri.: 1:00-3:30 p.m. Fees: #20 STD; \$30 STD/HIV; \$15 HIV only. Fees may be waived.</p>
<p>St. Elizabeth's of Hungary Clinic 140 W. Speedway, Ste. 100 Tucson AZ 85705 (520) 628-7871</p>	<p>Full service medical/dental clinic. Help with some prescriptions. Eyeglasses; Dentures; Mobile Podiatry; Well Woman Health Check; Diabetes Management.</p>

TRANSITIONAL HOUSING (3 mos.—2 yrs.) cont'd.

<p>Paxton House for Men PO Box 57299 Tucson, AZ 85732-7299 2 Locations Director Nick Jones (520) 975-2141</p> <p>Paxton House for Women Director Leah Jones (520) 404-4042</p>	<p>Sober living for men and women who have completed other treatment programs or attained 90 days clean/sober. Must be employed or have a source of income.</p> <p>Fees: \$90 weekly</p> <p>Write for application or go to www.paxtonhouse.net for application.</p>
<p>Open Inn 630 E. 9th St. Tucson, AZ 85705 Contact: Ken McKinley (520) 670-9040, ext. 2129</p>	<p>18-24-year-olds ONLY, male and female. Phone for information/admission and/or visit www.openinn.org.</p>
<p>Pasqua Yaqui Reservation PathHome (Male) 7402 S. Camino Vahcom Tucson, AZ 85757 (520) 879-5855</p>	<p>Will conduct telephone interviews. Must be on/eligible for AHCCCS or have income to pay. Free for tribal members. First-come, first-served. 90-day minimum treatment for substance abuse. Must be willing and ready for change.</p>
<p>Pilgrim Journey, Inc. (Female) PO Box 5621 Tucson, AZ 85703 (520) 551-0888 Executive Director: James Rice</p>	<p>Faith-based, structured program for women. Write for acceptance</p> <p>Fees: \$95 weekly</p>
<p>Primavera Foundation 702 S. 6th Ave. Tucson, AZ 85701 Central intake, all programs (520) 624-0534 www.primavera.org</p> <ul style="list-style-type: none"> • Alamo Apartments • Casa Paloma • Five Points • Winstel • Catalina Program • Women in Transition 	<p>No direct release from institution to programs. Programs are 2-year transitional housing, clean & sober, for homeless persons unless noted. Fees vary.</p> <ul style="list-style-type: none"> • Single men, permanent • Single women. • Single men & women. • Single men, women, OR couples without children • Single men • Single women

TRANSITIONAL HOUSING (3 mos.—2 yrs.) cont'd.

<p>Hedrick House (Male) 1632 East Hedrick Tucson, AZ 85719 (520) 795-3334 Director: Ed</p>	<p>Substance abuse/sober living, 6-month minimum program. Three meals daily.</p> <p>Fees: \$140 weekly</p>
<p>Hope Haven Transitional Housing (Coed) Office/Mailing Address 1645 W. 150 Valencia Rd. #109-404 Tucson, AZ 85757 Program Directors: Peter Moore Cecilia Moore Peter Moore, (520) 409-8869</p>	<p>Christian Discipleship program. Must apply. No violent or sex offenders. Food, transportation, job referrals provided. UAs conducted.</p> <p>Fees: \$120 weekly</p>
<p>Joshua House (Men only) 3028 N. Geronimo Ave. Tucson, AZ 85705 (520) 512-8448</p>	<p>Christian-based, clean and sober living. \$150 deposit will go towards monthly service fee of \$500.</p>
<p>Master's House 440 E. 23rd St. Tucson AZ 84713 Managing. Dir. Aaron Walker, (520) 312-1977 or 867-1645 Facility Dir. James Jobe, (520) 312-1977</p>	<p>Faith-based program. Must comply with house rules. No sex offenders. Institutional counselors should contact program staff for acceptance criteria.</p>
<p>Miracle Center PO Box 30309 Tucson, AZ 85751-0309 (520) 327-1208 Executive Director: Pat Lutz</p>	<p>Women only. Faith-based program. Write for acceptance or go online to www.miraclecenter.org</p>
<p>Old Pueblo Community Services 4501 E. 5th St. Tucson, AZ 85711 (520) 546-0122, ext. 214</p> <ul style="list-style-type: none"> • Casa Santa Clara (Males) 8 Locations** • The Oasis House (Females) 3 locations • Casa Veterans Assistance Programs 	<p>Inmates may apply from prison. Applications available at www.helptucson.org Click on "Applications".</p> <p>Provides housing and supportive services for homeless veterans.</p>

<p>Southern Arizona VA Healthcare 3601 S. 6th Ave Tucson AZ 85723 (520) 792-1450</p>	<p>Medical and mental health services for veterans. Homeless Program and services. Substance abuse treatment.</p>
<p>Southern Arizona AIDS Foundation (SAAF) 375 S. Euclid Avenue Tucson, AZ 85719 (520) 628-7223 or 1-800-771-9054</p>	<p>Case management, support services, housing and access to medical care for people living with HIV/AIDS.</p>
<p>Southern Arizona Health Village for the Homeless</p>	<p>Free, mobile health care facility expected to be available in summer/fall 2010. See http://homelessvillage.org/</p>
<p>Three Points Clinic 15921 W. Ajo Hwy. Tucson, AZ 85735</p>	<p>All medical ailments. No appointment and no waiting</p>
<p>Tuberculosis Control Pima County Health Dept. 2980 E. Ajo Way Tucson AZ 85713 (520) 243-8450</p>	<p>Free TB testing. Walk-in Mon., Wed., Fri., 7:30-11:30 a.m.; Tue. 1:00-4:00 p.m. Other locations and hours at http://www.pimahealth.org/clinics/docs/TB-Testing-Hours7-1-10.pdf</p>

DOMESTIC VIOLENCE RESOURCES

<p>Emerge! Center Against Domestic Abuse 2545 E. Adams Tucson, AZ 85716 (520) 795-8001</p>	<p>Women and children affected by domestic violence <u>only</u>. Emergency & transitional housing. 7-day, 24-hour crisis lines: (520) 795-4266 or 795-4880, 1-888-428-0101; Español: 1-877-472-1717</p>
<p>SACASA (Southern Arizona Center for Sexual Assault) 1600 N. Country Club Tucson, AZ 85716 Bus.: (520) 327-1171</p>	<p>Provides free treatment, ongoing support, and mental health services. Promotes prevention of sexual abuse, incest, molestation and rape. : 24-hour crisis intervention, specialized mental health services, advocacy, and professional training. 24-hour hotline: (520) 327-7273 or (800)-400-1001 Español-SuVozVale: (520) 434-0195</p>
<p>Wingspan Anti-Violence Program</p>	<p>24-hour crisis line, (520) 624-0348 Specializing in lesbian, gay, bi-sexual, and transgender persons and allies.</p>

TRANSPORTATION — BUS PASSES

<p>SunTran 4220 S. Park Ave Tucson AZ 85726 (520) 792-9222</p> <p>Low income/disability passes (520) 791-4100</p>	<p>General information: (520) 792-9222</p> <p>For low-income or disability bus passes, phone (520) 791-4100, press 2. Must present proof of income for all adults in household (pay stub, unemployment stub, DES or SSI/SSDI statement).</p>
---	--

EMERGENCY SHELTER (1 week or less)

<p>New Beginnings for Women & Children Tucson, AZ (520) 292-0698</p>	<p>24-hours/7-day weekly. Shelter for pregnant women and women with custody of their children. 90-day</p>
<p>Gospel Rescue Mission Men's Shelter 312 W. 28th St Tucson AZ 85713 (520) 740-1501</p>	<p>Emergency housing for adult men. Also has long-term residential recovery program for single adult men. Must have photo ID & Pima County TB card.</p>
<p>Gospel Rescue Mission Women's and Children's Shelter 1130 W. Miracle Mile Tucson, AZ 85705 (520) 690-1295</p>	<p>Emergency housing for women and children. Life skills training and counseling.</p>
<p>Salvation Army Hospitality House 1021 N. 11th Ave Tucson AZ 85705 (520) 622-5411</p>	<p>Emergency housing for single adult men, women, children, & families. TB card & photo ID required.</p> <p>Operation Deep Freeze: emergency shelter during very cold weather only, Nov. 15—March 31. Call to see if Operation Deep Freeze is in effect.</p>
<p>Primavera Foundation Men's Shelter 200 E. Benson Hwy. Tucson AZ 85713 (520) 623-4300</p>	<p>Emergency shelter for single men. Must be able to care for personal needs. Must be clean and sober.</p> <p>Call for reservations and directions.</p>
<p>Primavera Greyhound Family Shelter 151 W. 49th Street Tucson, AZ 857 (520) 884-5244</p>	<p>90-day shelter for families with children, single- or two-parent households.</p> <p>Call for appointment</p>

TRANSITIONAL HOUSING (3 mos.—2 yrs.)

<p>A New Hope Tucson Foundation Director: Jeff Lopez (520) 406-3163 Tucson, AZ 85716 Email: anewhope@cox.net www.anewhopetucson.org</p> <ul style="list-style-type: none"> • 3537 E. Hardy Dr. • 3449 E. Monte Vista Dr. • 3445 E. Monte Vista Dr., #s 1 & 2 	<p>Fees: \$105 weekly \$450 monthly No sex or arson offenders. Call, email, or write for further information.</p>
<p>The Bridge (Male) 2537 N. Oracle Rd. Tucson, AZ 85705 Manager: Betty Undlin (520) 884-9670 or 603-3835</p>	<p>12-step Christian program. Must be invited by Prison Fellowship Ministries.</p>
<p>Church on the Street 421 E. Kelso Street Tucson, AZ 85705 (520) 312-0967 or 792-4965 Pastor Tim Booker</p>	<p>Must be Christian and accepted by program. No bed guarantee from prison. Can assist once released.</p>
<p>Comin' Home 2480 N. Palo Verde, #103 Tucson, AZ 85716 (520) 322-6980 Director: Mary Pat Sullivan</p>	<p>Must complete Phase I Substance Abuse at VA Hospital first. Coed, for Veterans. One-third of monthly income goes to program fees. Assists with application for food stamps plus \$30 food card weekly. Write for information,</p>
<p>Esperanza en Escalante (Coed) 3700 S. Calle Polar Tucson AZ 85730 (520) 571-8294 Coordinator: Phyllis Office Manager: Carol</p>	<p><u>Veterans only.</u> Write for acceptance. Must register with Homeless Veterans program once out of prison. Clean & sober living with curfews.</p> <p>Fees: 30% of income.</p>
<p>Galivan's 9511 E. 5th St. Tucson, AZ 85730 (520) 546-1191 (Fax) Director: Mary Jean Galivan</p>	<p>Separate houses for men and women. Prior to release acceptance. Two weeks to gain employment, and motivation counts. Will work with applicant. NO violent or sex offenders (depends on offense). UAs and breathalyzers conducted.</p> <p>Fees: \$100 weekly</p>